

#### The Immature Body

### The Problem of Dullness

- Dullness makes you unresponsive
- Dullness comes from unbelief

# The Danger of Dullness

- Dullness stunts your growth
- Dullness steals your joy

## The Remedy for Dullness

- Mature with spiritual milk
- Savor God's word and be satisfied
- Grow in discernment

### Application:

Are you concerned that you have become dull to the promises of God? Confess your unbelief to God and ask for His help to change. What can you do to saturate yourself in God's promises and to find satisfaction in them?

What promise/truth do you need to exercise this week to overcome the challenges in your life?