

#### Fellowship with Christ

## What is the Lord's Day?

- The Lord's day looks back to the Sabbath
- The Lord's day celebrates the resurrection

## How does it change us?

- The Lord's Day frees us from distractions
- The Lord's Day teaches us to delight in God

#### How should we honor it?

- Clear out distractions
- Prepare your heart
- Come with high expectations
- Enjoy your day

### Application:

What is your attitude towards Sunday? What would help you value the day more?

How can you better prepare for Sunday so the day allows you to rest and worship?

# **HOW CAN I KNOW GOD?**

**Repent.** There first must be an admission that you have been living as your own master, worshipping the wrong things, violating God's loving laws. "Repentance" means you ask for forgiveness and turn from that stance with a willingness to live for and center on him.

**Believe.** Faith is transferring your trust from your own efforts to the efforts of Christ. You were relying on other things to make you acceptable, but now you consciously begin relying on what Jesus did for your acceptance with God. All you need is nothing. If you think, "God owes me something for all my efforts," you are still on the outside.

**Pray after this fashion:** "I see I am more flawed and sinful than I ever dared believe, but that I am even more loved and accepted than I ever dared hope. I turn from my old life of living for myself. I have nothing in my record to merit your approval, but I now rest in what Jesus did and ask to be accepted into God's family for his sake."

When you make this transaction, two things happen at once: 1) your accounts are cleared, your sins are wiped out permanently, you are adopted legally into God's family and 2) the Holy Spirit enters your heart and begins to change you into the character of Jesus.

*Follow through.* Tell a Christian friend about your commitment. Get yourself training in the basic Christian disciplines of prayer, worship, Bible study, and fellowship with other Christians.