

Help in Time of Need – Hebrews 4:14-16

Je	sus Is Our	
•	Jesus brings us to God	
•	Jesus' work is	
Je	sus Is Our	
•	Jesus understands our	
•	Jesus	our temptations
	Jesussus Is Our	
	sus Is Our	

Application

Where do you feel anxious or fearful about next week? Is there a passage of scripture that addresses that problem and reminds you to go to God?

What temptation can you conquer this week through the power of Jesus? What steps will you take to make it hard to sin and easy to do right?

HOW CAN I KNOW GOD?

Repent. There first must be an admission that you have been living as your own master, worshipping the wrong things, violating God's loving laws. "Repentance" means you ask for forgiveness and turn from that stance with a willingness to live for and center on him.

Believe. Faith is transferring your trust from your own efforts to the efforts of Christ. You were relying on other things to make you acceptable, but now you consciously begin relying on what Jesus did for your acceptance with God. All you need is nothing. If you think, "God owes me something for all my efforts," you are still on the outside.

Pray after this fashion: "I see I am more flawed and sinful than I ever dared believe, but that I am even more loved and accepted than I ever dared hope. I turn from my old life of living for myself. I have nothing in my record to merit your approval, but I now rest in what Jesus did and ask to be accepted into God's family for his sake."

When you make this transaction, two things happen at once: 1) your accounts are cleared, your sins are wiped out permanently, you are adopted legally into God's family and 2) the Holy Spirit enters your heart and begins to change you into the character of Jesus.

Follow through. Tell a Christian friend about your commitment. Get yourself training in the basic Christian disciplines of prayer, worship, Bible study, and fellowship with other Christians.